

# iPad Apps for Family and Consumer Sciences

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- some are iPhone/iPod apps you can use on iPad
  - all are free unless noted
  - pro versions are available for many

*Sorted into categories: Child Development, Consumer Ed., Home, Fashion & Clothing, Health, Relationships, Careers, Foods & Nutrition, Housing & Interior Design and Various Classroom Apps*

## Child Development

**Hello Baby** – shows development throughout pregnancy with pictures you can swivel, descriptions of baby's development and pregnancy along the way

**Pregnancy Sprout Lite** – pictures of development, touch on picture for explanations of what is happening at each time

**Baby Center Birth Class** – talking video online birth class

**Genetics** – list A-Z of birth defects and info. about them

**Gerber Journal Birth+** (iPhone app) – like an online “baby book”, you have to sign in to record video, pictures, take notes, etc. for baby – without signing in there are a few good videos about feeding infants, breastfeeding & pumping, etc.

**Parenting Ages & Stages** – articles on child development topics for all ages & stages

**Baby Sign and Learn** – flashcards with items and baby signs on them

**Carve a Pumpkin** (from Parents) – create faces on a pumpkin, like pumpkin carving but on the iPad! – fun (lots of others like this if you search for them)

**Baby Name Playroom** – Search the most popular baby names of the past 130 years using Social Security data.

**Embryo** – find videos, images and resources on embryo development, very detailed

## Consumer Ed.

**Consumer Recalls** - all US consumer recalls

**CarZen** – search for new/used cars

**Loan Payoff Calculator** – enter amount, interest, pymt or desired months til debt free

**RedLaser** – scan a barcode and compare prices online and local stores

**ShopSavvy** – scan a barcode and compare prices online and local stores

**CountingMoney** – it gives you a total and you have to count the money to equal it, quizzes you and checks, gives you a grade, depending on the settings you put in

**ChoiceMaker** – can't make a decision, use this to tell you YES or NO

## Home

**RealSimple** – checklists for cleaning, organizing, household planning, travel & style, entertaining and weddings – you can save them then modify them and create your own

**Good Housekeeping @ Home** - stain buster, do-it-all cleaning, home décor gallery (lots of neat pictures), news & tips

## **Fashion & Clothing**

**Fashion Closet (ModiFace)** - take pics of your own clothes, then mix and match your wardrobe

**F Network** – fashion show video clips

**Tide Stain Brain** – help with all types of stains

**How to Tie a Tie** – free – step by step on many types of knots

**QuiltCalc** – everything to do with measuring for quilts

**MovieCostume** – take a picture of someone and then dress them up with wigs, etc.

**Style.com** – see all the latest fashion shows (no video, just pics)

**Fashion Fix Lite** – try dressing the girl with style, get rated for your choices

**Dress Bieber** – dress Justin Bieber for fun

**Best Hair** – videos on how to do hair – hair with face shape, etc.

**Tie Die Doodle** - .99 – make tie dye shirts, shows how to do the design, put the rubber bands on, colors and how it might turn out

**PuriPhoto** – take pics and decorate them up, fun for designing a t-shirt to see what it would look like on you, add glitter, hearts & other shapes

## **Health**

**SCDF First Aid** – look up first aid topics and how to treat

**WebMD** – symptom checker, conditions, drugs & treatments, first aid info., local health listings – good basic health info.

**HealthTap** – **SIGN UP** – have to be online, can ask dr. questions, look up health answers to questions

**LOL for Health** – shake your iPad, it will tell you how many calories you've burned and then a health type joke

**Better Health Channel** – lots of info and fact sheets for a variety of health conditions, be aware it's from Australia, so emergency info. would be for their country

**Health Tips** – variety of health tips

**Everyday Health** – health tips & info. on A-Z topics

**Breathe2Relax** – learn the effects of stress on the body and exercises to help manage and reduce stress, choose your own relaxation pictures and music and it will lead you through a breathing exercise and you rate your stress

**My Age** – fun way of looking at lifestyle choices, series of questions and results are an age and your focus (don't think it's reliable as far as real age, but fun anyway)

**3D Brain** – look at the parts of the brain, lets you turn it and label it

**CDC** – Centers for Disease Control – look at health articles, blogs and more

**QuitGuide** – tips on how to quit smoking and the dangers of tobacco use

## **Relationships**

**Love Is Not Abuse** (iPhone app) – can't do simulation on an iPad, but can download handbooks and get info. and statistics

**Break Up** – lots of ads, reading tips for breaking up, most are very solid

**A Love Test** – just for fun, put 2 names in and it calculates chance % of success

## **Careers**

**Monster HD Interviews** – great tips for job interviewing, questions, etc.

**Leadership** - Concordia University – Identify your core leadership values sort

## **Foods & Nutrition**

**Epicurious** – search recipes by meal, cuisine, dietary consideration, then select as favorites, select and items go into your shopping list

**Betty Crocker** – meal finder, put in what you have and what meal you're making, it will find a recipe for you or browse the recipes it has

**Easy Recipes** – with how-to videos for recipes

**AllRecipes.com** - has a dinner spinner, select dish type, ingredients, ready in and spin for recipe that fits or just search for any recipe

**iSmoothie Free** – tons of smoothie recipes

**Merillat Kitchen Helper** – substitutions & conversions

**Nutrition+** - tips for good nutrition, flip through

**Food Meter Free** – you pick a food, it tells you the nutrition info. and gives it a score, tells you whether you should eat it or not!

**ILoveVeggies** – lists of veggies with nutrition info, can look up veggies by nutrient

**MyFood – Nutrition Facts** – you pick the food, it tells you the nutrition facts for it

**Eat This, Not That The Game** – lets you play the game, gives you foods and you pick which one is better

**Fast Food** – lists fast food restaurants, choose your items to see calories and nutrition info.

**Fooducate** – scan a barcode on a food and get nutrition info. on it

**Calorie Counter** – lists tons of foods with nutrition info.

**Weight Loss** – gives weight loss tips, one at a time to scroll through – tips are reliable - can't log in unless you're a paid member, but can access recipe, success stories, articles, see how their cheat sheets work for food & points

**Ideal Weight** – input your height & weight to figure BMI and Ideal Weight

**Lose It!** – set goals, input your stats, keeps track of exercise & calories in, charts your progress towards goals

**Cooking Academy** – game – gives you foods to make and you have to successfully make one to move on to the next, good practice for the concepts of working in the kitchen

**The Doodle games – for example Cake Doodle, Cookie Doodle** - .99 each – they make cakes and cookies and decorate them, then can share through e-mail, etc. --- these actually have the amounts and you put them in the bowl (sifting flour, cracking eggs, mix, put in oven, etc.) – it would be interesting to see if these are real recipes and would turn out if you tried them, if so this would be great practice before going into the kitchen to make an item

**FoodRecalls** – FDA consumer health info.

## **Housing & Interior Design**

**Houzz- Home Design** - This App has over 60,000 photos and 130,000 ideabooks, Houzz has the largest database of home design ideas on the net. Browse photos by style, room and location and save them to your virtual idea book — it's the equivalent of clipping design magazines to a scrapbook — making ideas easier to search, save, and share. Experience Houzz.com as an iPad app and save your photos locally for offline access.

**iScape Free** – can take pictures of your landscaping and put items in it, upgrade it for \$4.99 and it gives you a ton of choices for landscaping

**ColorUncovered** – some fun “illusion” type things to look at and other info. about color

**TourWrist** – take “tours” with your iPad of various places, including interiors, around the world

**HGTV Color Guide** – shows colors, before and afters of rooms, lots of neat pics of interiors

**HGTV to Go** – HGTV videos at your fingertips

## **Various Classroom Apps**

**Giant Timer** – set the time or stopwatch and push start, can hook up to projector just have in visible spot for students to see

**Timer+** - set the timer and let it run

**Chronolite** – can set multiple timers to run all at the same time

**iFlash Free, gFlash+, Quizard Lite, Flashcarlet, Flashcards** – all flashcard apps, make flashcards here or make them on the website (quizard or studystack) and then download to iPad

**Animoto** – create a slideshow with your pics

**Science 360** - videos on tons of science topics, for example I watched a video on how they make nylon 6:30 (useful for fibers & textiles in Clothing/Fashion)

**Bamboo Paper** – take notes with your finger

**Mouse Lite** – use your iPad as a remote for your computer

**Great Teleprompter (O Reilly)**– type in your script and have a student read it like a TV reporter on the scene

**PowerTeacher?**

**ABCNotes** – sticky notes for you to make lists, etc.

**myHomework** – keep track of your homework, done, completed, calendar

**Mag.Glass** – magnifies what you're pointing at and can take a picture of it